



## Health Assessment Results Form

Thoroughbred Jockey / Apprentice Jockey

**Dear Doctor:**

The Queensland Racing Integrity Commission (QRIC) is the regulator of thoroughbred racing in Queensland. Anyone who rides thoroughbred racehorses "in work" must hold a license issued by QRIC. Prior to issuing or renewing any license, QRIC requires the rider be assessed by a general practitioner. This assessment will assist QRIC to assess the risk to the licensee and others, in the event that the license is issued or renewed. The last page of this document lists a range of conditions, which may be associated with increased risk of this type of role.

### PHYSICAL EXAMINATION (to be completed by Doctor)

<b>SURNAME:</b>	<b>GIVEN NAMES:</b>	
<b>HEIGHT:</b>	<b>WEIGHT:</b>	
<b>EYES:</b>		<b>Details</b>
Visual acuity (Distant)	Right    Left	
Uncorrected	6/      6/	
Corrected	6/      6/	
Eye Movement: Normal	Yes / No	
Fields (confrontation test) Normal	Yes / No	
Are contact lenses worn?	Yes / No	
Should these be worn while riding/driving?	Yes/ No	

<b>E.N.T.</b>		<b>Details</b>
Nose - abnormality	Yes / No	
Ears -                      Right Ear	Left Ear	
Ext. auditory canal:      Normal / Abnormal	Normal / Abnormal	
Tympanic Membrane      Normal / Abnormal	Normal / Abnormal	
Conversational Voice at 2.5 metres	Normal / Abnormal	

<b>MUSCULO SKELETAL SYSTEM:</b>		<b>Details</b>
a) Any spinal deformity or limitation of function?	Yes / No	
b) Any abnormality in strength, range of movement upper and lower extremities?	Yes / No	
c) Any limitation or derangement of a joint?	Yes / No	

<b>C.N.S.</b>		<b>Details</b>
Pupillary Reflexes	Normal / Abnormal	
Tendon / Reflexes	Normal / Abnormal	
Cranial Nerves	Normal / Abnormal	
Gross Sensory Disturbance	Yes / No	
Paresis – Tremor or Tics	Yes / No	

QRIC/2020/5261 v1.00

Refer to the Commission's privacy policy on our website.

Queensland Racing Integrity Commission  
ABN: 64 838 583 571  
PO Box 15666  
CITY EAST QLD 4002

Phone: 1300 087 021  
Email: [renewals@qric.qld.gov.au](mailto:renewals@qric.qld.gov.au)  
Website: [www.qric.qld.gov.au](http://www.qric.qld.gov.au)

Office Hours: 8:30am to 4:00pm,  
Monday to Friday  
Closed public holidays



C.V.S.			Details
a)	Is pulse normal in rhythm and character?	Yes / No	
b)	Heart sounds normal?	Yes / No	
c)	Pulse rate		
d)	Blood Pressure (sitting or lying)	Systolic / Diastolic ..... / .....	

RESPIRATORY:			Details
Any abnormality on clinical examination?		Yes / No	

GENITO URINARY			Details
Urine	Sugar	Yes / No	
Urine	Albumen	Yes / No	

*PHYSICAL FITNESS:			
*Riding horses places considerable physical strain on areas of a person's body including pressure on joints and muscles in the lower back, neck, hip, knee and ankle joints and the major leg and arm muscles. A satisfactory level of aerobic fitness is essential to safely carry out the task.			

MEDICAL EXAMINER – PLEASE COMMENT			Details
Do you consider that the applicant displays sufficient physical strength to ride or drive racehorses?		Yes / No	
Is there anything unfavorable in the applicant's personality as revealed by history, appearance and / or behavior?		Yes / No	
Is there any evidence of alcohol or drug abuse?		Yes / No	
Do you consider any further Reports or Tests are required?		Yes / No	
<i>In the case of a female applicant, this section should be completed by the Medical Examiner:</i>			
Is the applicant pregnant?		Yes / No	

QRIC/2020/5261 v1.00

Refer to the Commission's privacy policy on our website.

Queensland Racing Integrity Commission  
ABN: 64 838 583 571  
PO Box 15666  
CITY EAST QLD 4002

Phone: 1300 087 021  
Email: [renewals@qric.qld.gov.au](mailto:renewals@qric.qld.gov.au)  
Website: [www.qric.qld.gov.au](http://www.qric.qld.gov.au)

Office Hours: 8:30am to 4:00pm,  
Monday to Friday  
Closed public holidays





## QUEENSLAND RACING INTEGRITY COMMISSION

Doctor's recommendation to QRIC:

Given the medical information provided by the applicant, I believe that this person:

<input type="checkbox"/>	does not appear to be at significantly increased risk of sustaining a work-related condition or aggravating an existing condition in undertaking the role of a rider/driver
<b>Or</b>	
<input type="checkbox"/>	is at slightly increased risk of sustaining a work-related condition or aggravating an existing condition in undertaking the role of a rider/driver
<b>Or</b>	
<input type="checkbox"/>	is at moderately to markedly increased risk of sustaining a work-related condition or aggravating an existing condition in undertaking the role of a rider/driver for the following reasons:
<b>Or</b>	
<input type="checkbox"/>	demonstrates an absolute medical contraindication to participation as a rider/driver for the following reasons:
Is there any additional inquiry/investigation/examination you recommend be undertaken to assess the effective functioning of the licensee in his/her role as a rider?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Is it your opinion, as a medical practitioner, that this individual can physically perform the role of a jockey	<input type="checkbox"/> Yes <input type="checkbox"/> No
The licensee has disclosed to me that they are currently taking the following medication / supplements: (please list or attach)	<input type="checkbox"/> Yes <input type="checkbox"/> No
Doctor's Name	Qualifications
Address	
Signature	Date

QRIC/2020/5261 v1.00

*Refer to the Commission's privacy policy on our website.*

Queensland Racing Integrity Commission  
ABN: 64 838 583 571  
PO Box 15666  
CITY EAST QLD 4002

Phone: 1300 087 021  
Email: [renewals@qric.qld.gov.au](mailto:renewals@qric.qld.gov.au)  
Website: [www.qric.qld.gov.au](http://www.qric.qld.gov.au)

Office Hours: 8:30am to 4:00pm,  
Monday to Friday  
Closed public holidays



List of conditions which may be associated with increased risk in employment or prevent effective functioning in the role of a Thoroughbred Jockey

This 'List of Conditions' is only intended to be used by the applicant and assessing medical practitioner as a guide. It is not intended to be a complete or exhaustive list of conditions or characteristics which can affect the risk or effectiveness in undertaking the nominated role.

- ☐ Any condition which can result in dizziness and/or unsteadiness or uncontrolled loss of stability
- ☐ A history of epilepsy
- ☐ A history of cerebrovascular disease
- ☐ Any condition which can affect level of consciousness
- ☐ Other relevant neurological disorder
- ☐ Any condition which can affect co-ordination or reaction time
- ☐ A history of coronary artery disease
- ☐ A history of diabetes where the level of control is insufficient to protect against uncontrolled loss of stability
- ☐ A significant uncorrectable visual defect or hearing defect
- ☐ A skin condition adversely affected by heat, humidity, or exposure to ultraviolet light
- ☐ Any musculo-skeletal condition which could be adversely affected by significant physical exertion and use of physical force
- ☐ Any condition which would affect standing tolerance, walking tolerance, sitting tolerance
- ☐ Any condition which affects strength/range of movement of arms or legs
- ☐ Any condition which affects hand grip
- ☐ A respiratory disease associated with shortness of breath or exertion
- ☐ Any emotional or psychiatric disorder which could lead to impulsiveness or impaired judgement
- ☐ Any condition which affects alertness and concentration
- ☐ Any medication which significantly alters physical functioning and mental acuity and judgement
- ☐ A history of substance abuse
- ☐ Any condition or characteristic which would prevent the wearing of protective clothing e.g. helmets, gloves, body protection devices, footwear, and long-sleeved shirts and trousers.

#### ASSESSING RISK IN PLACEMENT AT WORK

'Risk' is an expression of the probability of an undesired event and the likely seriousness of the consequences, if any, which might arise from that event.

'Increased Risk' is the extent to which a known circumstance or activity alters the risk for a particular individual compared with a person who does not have the same condition or characteristic.

The scale below provides means through which a measure of 'Increased Risk' for a particular individual in a given situation can be provided. The scale should be interpreted as follows:

**Slightly Increased Risk** means that the likelihood of injury or aggravation is possible rather than probable but the likely consequences would not be serious.

**Slightly to Moderately Increased Risk** means that injury or aggravation is more likely, but still possible rather than probable and the likely consequences would not be serious.

**Moderately Increased Risk** means that, at this point, the likelihood of injury or aggravation changes from being possible to being probable and the likely consequences, if they occur, are likely to result in significant temporary dysfunction

**Moderately to Markedly Increased Risk** means that the likelihood of injury or aggravation is clearly probable and the consequences are likely to result in significant temporary dysfunction or some level of permanent disability and could have a significant impact on the employee's ability to perform their role

**Markedly Increased Risk** means that the likelihood of injury or aggravation is assessed as being highly probable and the likely consequences will be serious enough to have a permanent impact on the applicant's ability to perform their role.

QRIC/2020/5261 v1.00

*Refer to the Commission's privacy policy on our website.*

Queensland Racing Integrity Commission  
ABN: 64 838 583 571  
PO Box 15666  
CITY EAST QLD 4002

Phone: 1300 087 021  
Email: [renewals@qric.qld.gov.au](mailto:renewals@qric.qld.gov.au)  
Website: [www.qric.qld.gov.au](http://www.qric.qld.gov.au)

Office Hours: 8:30am to 4:00pm,  
Monday to Friday  
Closed public holidays